



TEXAS GULF COAST SOCIETY FOR  
PARENTERAL AND ENTERAL NUTRITION

A Chapter of the American Society for Parenteral and Enteral Nutrition

## Invites you to attend the November ASPEN Webinar Cancer and the Ketogenic Diet

**Wednesday, November 7, 2018**

**2:00 pm – 3:30pm CST** (Registration starts at 1:30 pm CST)

**Location:** MD Anderson Cancer Center

Conference Room: R11.1100 Room 4

*Take Elevator A (Clark Clinic Building) to the 11<sup>th</sup> floor and follow signs to the conference room*

### Description

Many individuals diagnosed with cancer seek to modify their diet as an adjunct to their treatment. One new diet that has gained popularity in some oncology patient populations is the ketogenic diet. This program will provide a thorough review of the literature and evidence on the beneficial effects of ketogenic diet in oncology. Information will be provided on the nutritional goals of the various therapeutic ketogenic diets for oncology patients as well as the implementation and management of the ketogenic diet.

### Learning Objectives

1. Summarize the present literature supporting the ketogenic diet in different cancer types
2. Outline the benefits and risks involved with ketogenic diet in different cancer types
3. How to initiate and manage oncology patients on various therapeutic Ketogenic diet

### Faculty and Topics:

*Cancer and the Ketogenic Diet: What Does the Data Show?*

Pankaj Vashi, MD, AGAF, FASPEN, Chair, Department of Medicine, Department Head of Gastroenterology/Nutrition, Vice Chief of Staff at CTCA Chicago, Comprehensive Care and Research Center, Chicago, IL

*How to Implement the Ketogenic Diet as Part of Cancer Treatment*

Leonara Renda, MS, RDN, Manager of Nutritional Services, Dignity Health

**FREE for TGCSPEN members and \$10.00 for nonmembers**

1.5 CE credits available for Physicians, Nurses, Pharmacists, and Dietitians

No RSVP required. Direct questions to [tgcspen@yahoo.com](mailto:tgcspen@yahoo.com)

Refreshments will be provided

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